During the World Wars food was rationed in Britain. Find out which foods were rationed and how much of each you would be given. See what this looks like



Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Remembrance Day Red
- Private: Remembrance Day 100 Years

£/Free Day/Night	Indoors
☐ 11 - 14 ✓ 5 - 7 ☐ 3 - 5	✓ 14 - 18 ✓ 7 - 11
✓ Autumn ✓ Summer	✓ Spring ✓ Winter

Skills:

- Accountability
- Independence
- Listening
- Observation
- Research

Equipment:

Various Food