



Learn about and record how much water you drink



The average camel can drink 200 litres of water in 3 minutes. Find out how much water you should be drinking and record your daily intake for a week. Did you do better or worse than you thought?

Time



Age

5 - 7
7 - 11
14 - 18

Environment



Subject

Wellbeing

Price



Activity Type



Soft Skills

Accountability
Observation
Responsibility
Self motivation

