



## Make your own 'flaming' hoop with ribbons!



Jump through your own flaming hoop. Tie ribbon tissue paper onto a hula hoop then try jumping through without touching the flames. Crash mats may be needed for a soft/injury free landing!

### Time



#### Age

5 - 7  
7 - 11  
14 - 18

### Environment



#### Equipment

Hula Hoop  
Tissue Paper

### Price



#### Subject

Art  
English  
Technology  
Wellbeing

### Activity Type



#### Soft Skills

Accountability  
Creativity

