



## Make and have a go at a sensory obstacle course



Superheroes rely on super senses. Have a go at an obstacle course relying on your different senses i.e. blindfolded, feet tied together, hands behind your back

## Time



Age 5-7 7-11 14-18 Environment



Equipment

Blindfold

Ribbon

String

**Price** 



Subject P.E. Activity Type



## Soft Skills

Communication
Creativity
Decision making
Gross Motor Skills
Independence
Listening
Negotiation
Observation
Resourcefulness
Teamwork

