



## See how flexible you are with a loop the hoop game



Some superheroes are super bendy and stretchy. See how flexible you are with the loop the hoop game

Time



**Age** 7 - 11 14 - 18

**Environment** 



Equipment
Hoola Hoop

**Price** 



Subject P.E. Activity Type



Soft Skills
Communication
Creativity
Decision making
Gross Motor Skills
Problem solving

**Teamwork**