



## Compare varieties of the same food, eg apples



Gather different varieties of the same food (e.g. apples), rate them by how tasty they look. Which looks best? Blindfolded, taste them all. Which one tasted the best? Was it the same as the one that looked the best? What is the moral of the activity?

Time



**Age** 7 - 11 14 - 18

Environment



Equipment

Blindfold

Food

Price



Subject
Cooking
Wellbeing

Activity Type



Soft Skills
Accountability
Communication
Creativity
Decision making
Empathy
Listening
Negotiation
Reasoning
Responsibility