



Make some tasty mood-boosting banana bread



Bananas have the power to boost your immune system and your mood, use them to bake a tasty banana bread or enjoy chocolate bananas cooked on a campfire

Time



Age

5 - 7
7 - 11
14 - 18

Environment



Equipment

Baking Tins
Bananas
Bowls
Butter
Chocolate
Flour
Sugar
Tin Foil
Wood Spoons

Price



Subject

Cooking
Maths
Science

Activity Type



Soft Skills

Independence
Organisation
Research
Time management

