



## Make some tasty mood-boosting banana bread



Bananas have the power to boost your immune system and your mood, use them to bake a tasty banana bread or enjoy chocolate bananas cooked on a campfire

### Time



#### Age

5 - 7  
7 - 11  
14 - 18

### Environment



#### Equipment

Baking Tins  
Bananas  
Bowls  
Butter  
Chocolate  
Flour  
Sugar  
Tin Foil  
Wood Spoons

### Price



#### Subject

Cooking  
Maths  
Science

### Activity Type



#### Soft Skills

Independence  
Organisation  
Research  
Time management

