



## Make a meal using new ingredients



Make a meal using tomatoes, potatoes, chillies and aubergines

### Time



#### Age

7 - 11  
14 - 18

### Environment



#### Equipment

Aubergines  
Chillies  
Cooking Equipment  
Food Items  
Potatoes  
Recipe  
Tomatoes

### Price



#### Subject

Cooking  
English  
Maths  
Science

### Activity Type



#### Soft Skills

Communication  
Creativity  
Decision making  
Fine Motor Skills  
Independence  
Observation  
Organisation  
Research  
Self motivation  
Teamwork  
Time management

