



## Make a meal using new ingredients



Make a meal using tomatoes, potatoes, chillies and aubergines

#### Time





# **Age** 7 - 11 14 - 18

### Environment



## Equipment

Aubergines
Chillies
Cooking Equipment
Food Items
Potatoes
Recipe
Tomatoes

#### Price



## Subject

Cooking English Maths Science

## Activity Type



#### Soft Skills

Communication
Creativity
Decision making
Fine Motor Skills
Independence
Observation
Organisation
Research
Self motivation
Teamwork
Time management

