



Learn about scurvy & cook something to prevent it



Many pirates and sailors suffered from scurvy, find out what that is and cook/prepare a meal that would help prevent it

Time



Age

7 - 11
14 - 18

Environment



Equipment

Bowls
Pans
Sharp Knives
Various Food

Price



Subject

Cooking
English
Maths
Science

Activity Type



Soft Skills

Creativity
Decision making
Fine Motor Skills
Independence
Leadership
Observation
Organisation
Research
Time management

