



Pop as many balloons in 30 seconds as you can



Practice your superhero smash by popping as many balloons as you can in 30 seconds without using your hands. Work in pairs or teams

### Time



### Age

5 - 7  
7 - 11  
14 - 18

### Environment



### Equipment

Balloons

### Price



### Subject

P.E.

### Activity Type



### Soft Skills

Communication  
Gross Motor Skills  
Resourcefulness  
Teamwork

