



Pop as many balloons in 30 seconds as you can



Practice your superhero smash by popping as many balloons as you can in 30 seconds without using your hands. Work in pairs or teams

Time





Age 5-7 7-11 14-18 Environment





Equipment
Balloons

Price



Subject P.E. Activity Type



Soft Skills
Communication
Gross Motor Skills
Resourcefulness
Teamwork