



# Be kind and cook for a friend or family member



Kindness is an under-rated superpower. Be kind and cook for a friend, family member or a lonely neighbour...you might just make their day!

### Time





# Age

3 - 5

5 - 7 7 - 11

14 - 18

#### **Environment**



# Subject

Community Cooking English Maths

#### Price



# Activity Type



### Soft Skills

Accountability
Communication
Decision making
Empathy
Fine Motor Skills
Imagination
Independence
Leadership
Organisation
Problem solving
Research
Resourcefulness
Teamwork
Time management