



Find out which foods can give you super energy!



Find out which foods can give you superhero strength and pack you full of energy. Can you make some tasty treats with them?

Time



Age

7 - 11
14 - 18

Environment



Subject

Cooking
Maths
Science

Price



Activity Type



Soft Skills

Creativity
Decision making
Fine Motor Skills
Imagination
Research
Self motivation
Time management

