



## Make some Celtic trinity knots from bread dough



Make some Celtic 'trinity knots' from ready made pastry or bread dough

### Time



**Age**  
5 - 7  
7 - 11  
14 - 18

### Environment



**Equipment**  
Butter  
Dried Yeast  
Flour  
Picture of a Trinity Knot  
Ready Made Pastry  
Sugar

### Price



**Subject**  
Cooking  
Geography  
History  
Science

### Activity Type



**Soft Skills**  
Decision making  
Fine Motor Skills  
Imagination  
Observation  
Problem solving  
Research  
Time management

