



Complete a night-line or caving experience



There are lots of caves in Wales. Complete a night-line or visit a caving experience either man-made or natural. Remember: caves can be dangerous places so only ever explore them with a qualified instructor

Time



Age

7 - 11
14 - 18

Environment



Equipment

Blindfold
Rope

Price



Subject

Outdoor Learning
P.E.

Activity Type



Soft Skills

Communication
Decision making
Flexibility
Gross Motor Skills
Independence
Listening
Negotiation
Problem solving
Responsibility
Self motivation
Teamwork

