



## Create a dish from a mystery bag of ingredients



**Mission Impossible** - create a dish from a selection of random ingredients selected from a mystery bag. You should use 1 protein source, 1 potato/carb, 3 fruit and veg

### Time



**Age**  
14 - 18

### Environment



**Equipment**  
Cooking Equipment  
Ingredients

### Price



**Subject**  
Cooking

### Activity Type



**Soft Skills**  
Decision making  
Independence  
Organisation  
Problem solving  
Resourcefulness  
Teamwork

