



## Create a dish from a mystery bag of ingredients



Mission Impossible - create a dish from a selection of random ingredients selected from a mystery bag. You should use 1 protein source, 1 potato/carb, 3 fruit and veg

Time





**Age** 14 - 18

**Environment** 



Equipment
Cooking Equipment
Ingredients

Price



Subject Cooking

Activity Type



Soft Skills
Decision making
Independence
Organisation
Problem solving
Resourcefulness
Teamwork