



Go indoor skiing



Go indoor skiing. In teams everyone places their left foot on one long ski and their right foot on another. Have races to see which team can get across the room the fastest

Activity Type



Age

5 - 7
14 - 18

Time



Equipment

Skis

Environment



Subject

Outdoor Learning
P.E.
Wellbeing

Price



Soft Skills

Accountability
Communication
Gross Motor Skills
Independence
Listening
Relaxation
Responsibility
Self motivation
Teamwork

