



Go indoor skiing



Go indoor skiing. In teams everyone places their left foot on one long ski and their right foot on another. Have races to see which team can get across the room the fastest

Time



Age
5 - 7
14 - 18

Environment



Equipment
Skis

Price



Subject
Outdoor Learning
P.E.
Wellbeing

Activity Type



Soft Skills
Accountability
Communication
Gross Motor Skills
Independence
Listening
Relaxation
Responsibility
Self motivation
Teamwork

