



## Grow some cress



Spring is all about new life and things growing. Grow some cress

### Time



#### Age

3 - 5  
5 - 7  
7 - 11  
14 - 18

### Environment



#### Equipment

Cotton Wool  
Cress Seed  
Recycled Materials  
Small container

### Price



#### Subject

Cooking  
Science

### Activity Type



#### Soft Skills

Creativity  
Decision making  
Fine Motor Skills  
Independence  
Observation  
Resourcefulness  
Self motivation

