



Relay over a tarp covered in washing up liquid



One for warmer weather: Hold a relay race over 'banana skins' (a tarpaulin covered in water and washing up liquid)

Time



Age 7 - 11 14 - 18

Environment



Equipment
Tarpaulin
Washing Up Liquid

Price



Subject P.E. Activity Type



Soft Skills
Communication
Gross Motor Skills
Leadership
Listening
Teamwork