



Move across a space without touching the floor



Some monkeys live on the ground, others in trees. Try getting from one side of your meeting place to the other without touching the floor. Leaders: give equipment suitable for age group and ability. Less equipment for older groups, etc

Time





Age 5-7 7-11 14-18 Environment



Subject P.E. Price



Activity Type



Soft Skills

Communication
Creativity
Decision making
Gross Motor Skills
Imagination
Independence
Leadership
Listening
Negotiation
Problem solving
Reasoning
Resourcefulness
Teamwork