



## Make and write some kindness cheques



Make and write your own kindness cheques and make promises to help others.

### Time



### Age

7 - 11  
14 - 18

### Environment



### Equipment

Card  
Colouring Pens  
Paper  
Pencil

### Price



### Subject

Art  
Wellbeing

### Activity Type



### Soft Skills

Accountability  
Communication  
Empathy  
Fine Motor Skills  
Negotiation  
Responsibility

