



## Use veggie peelings and other scraps to make stock



Cook scraps, veg peelings and chicken/beef bones to make your own stock for soup/cooking

### Time



### Age

7 - 11  
14 - 18

### Environment



### Equipment

Cooking Equipment  
Food Scraps  
Leftovers

### Price



### Subject

Cooking

### Activity Type



### Soft Skills

Independence  
Resourcefulness

