



## Try to make a zero waste or plastic free meal



Take part in a supermarket sweep to try and make a zero waste or plastic free meal

### Time



#### Age

7 - 11  
14 - 18

### Environment



#### Equipment

Ingredients  
Money

### Price



#### Subject

Cooking

### Activity Type



#### Soft Skills

Communication  
Leadership  
Negotiation  
Problem solving  
Teamwork  
Time management

