



Find some ration...



Find some ration recipes. Have a go at making one or more of them. What did you think? Would you have been happy eating like that?

Time



Age

5 - 7
7 - 11
14 - 18

Environment



Equipment

Cooker
Cooking Equipment
Cooking Utensils
Recipes
Various Food Ingredients

Price



Subject

Cooking
Culture
English
History
Maths
Science

Activity Type



Soft Skills

Communication
Creativity
Decision making
Fine Motor Skills
Independence
Listening
Observation
Organisation
Research
Responsibility
Teamwork
Time management

