



## Forage for natural foods and make something



Forage for natural foods and make something i.e. nettle tea. REMEMBER! Only pick and eat things you know are 100% safe!

Activity Type

(III)

Category

**Activities** 

Sub Category
Activities

Time



**Age** 5 - 7

7 - 11 14 - 18 Environment



Subject
Outdoor Learning

Price



Soft Skills
Resourcefulness

