



## Find out about reducing palm oil in your diet



Palm oil is impacting the habitats of many animals, making some like orangutans endangered. Find out which foods contain palm oil and try shopping sustainably. Can you find suitable alternatives?

### Activity Type



**Category**  
Activities

### Time



**Sub Category**  
Activities

### Environment



**Subject**  
Culture  
Community

### Price



**Soft Skills**  
Accountability  
Empathy  
Observation  
Responsibility  
Research

