



Learn about and record how much water you drink



The average camel can drink 200 litres of water in 3 minutes. Find out how much water you should be drinking and record your daily intake for a week. Did you do better or worse than you thought?

Activity Type



Time



Environment



Price



Category  
Activities

Sub Category  
Activities

Age  
5 - 7  
7 - 11  
14 - 18

Subject  
Wellbeing

Soft Skills  
Accountability  
Observation  
Responsibility  
Self motivation

