



## Make and have a go at a sensory obstacle course



Superheroes rely on super senses. Have a go at an obstacle course relying on your different senses i.e. blindfolded, feet tied together, hands behind your back

Activity Type

Time



Environment



Price



Category Activities Sub Category
Activities

Age 5-7 7-11 14-18 Equipment

Blindfold

Ribbon

String

Subject P.E.

Communication Creativity Decision making Gross Motor Skills Independence

Soft Skills

Listening
Negotiation
Observation
Resourcefulness
Teamwork