



## Have a high or long jumping competition



'The Quick Brown Fox Jumps Over The Lazy Dog'. Hold competitions to see how high/how far you can jump. What's the furthest you can jump?

Activity Type



Age

3 - 5 5 - 7

7 - 11 14 - 18 Time





Environment



**Price** 



Subject P.E.

Soft Skills **Gross Motor Skills**