



## Volunteer at your local soup kitchen or food bank



Be a soup-er hero and help out at a soup kitchen/homeless shelter or volunteer at your local food-bank

### Activity Type



### Time



### Environment



### Price



**Category**  
Activities

**Sub Category**  
Activities

**Age**  
14 - 18

**Subject**  
Community

**Soft Skills**  
Communication  
Decision making  
Empathy  
Flexibility  
Independence  
Mental Health  
Awareness  
Research  
Responsibility  
Teamwork

