



## Volunteer at your local soup kitchen or food bank



Be a soup-er hero and help out at a soup kitchen/homeless shelter or volunteer at your local food-bank

Activity Type

(II)

Category

**Activities** 

Sub Category
Activities

Time



**Age** 14 - 18

**Environment** 



Subject Community Price



Soft Skills
Communication
Decision making
Empathy
Flexibility
Independence
Mental Health
Awareness
Responsibility
Research

**Teamwork**