



## Make some tasty mood-boosting banana bread



Bananas have the power to boost your immune system and your mood, use them to bake a tasty banana bread or enjoy chocolate bananas cooked on a campfire

Activity Type





Time



Sub Category Category Activities Activities

Age 5 - 7 7 - 11 14 - 18 **Environment** 



Subject

Cooking

Maths

Science

Equipment Butter **Bowls** Chocolate Flour

Sugar Tin Foil **Wood Spoons**  Price



Soft Skills Independence Organisation Research Time management