



Have a go at pilates or yoga to stretch and relax



Cats stretch to condition their muscles. Have a go at an evening of pilates or yoga to stretch and condition your muscles.

Activity Type

Add image: /home/pawprintfamily/public_html/_theme/pdf/icons/activity-settings.png

Time



Environment



Price



Category
Activities

Sub Category
Activities

Age
7 - 11
14 - 18

Subject
Community
P.E.

Soft Skills
Flexibility
Gross Motor Skills
Listening
Observation

