



## Cook your own Glamorgan sausages and relish



Cook up and try your own Glamorgan sausages, a veggie alternative and great with a spicy relish or tomato sauce!

### Activity Type



#### Age

7 - 11  
14 - 18

### Time



#### Equipment

Breadcrumbs  
Cheese  
Cooking Utensils  
Herbs  
Leeks  
Pans  
Spices  
Vegetable Oil

### Environment



#### Subject

Cooking  
Culture  
Geography

### Price



#### Soft Skills

Decision making  
Fine Motor Skills  
Independence  
Organisation  
Research  
Time management

