Craft

Create a worry pet or worry bag

★ ★

Create a worry pet/worry bag

Activity Type	Time	Environment	Price
✂	☀ 🌙	🏠	£

Age
7 – 11
14 – 18

Equipment
Craft Supplies
Fabric
Paint
Pebbles

Subject
Art
Wellbeing

Soft Skills
Mental Health Awareness
Relaxation