



Make a meal using new ingredients



Make a meal using tomatoes, potatoes, chillies and aubergines

Activity Type



Age

7 - 11
14 - 18

Time



Equipment

Aubergines
Chillies
Cooking Equipment
Food Items
Potatoes
Recipe
Tomatoes

Environment



Subject

Cooking
English
Maths
Science

Price



Soft Skills

Communication
Creativity
Decision making
Fine Motor Skills
Independence
Observation
Organisation
Research
Self motivation
Teamwork
Time management

