



Make a meal using new ingredients



Make a meal using tomatoes, potatoes, chillies and aubergines

Activity Type		Time	Environment	Price	
Category	Sub Category	Age	Equipment	Subject	Soft Skills
Activities	Activities	7 - 11 14 - 18	Aubergines Chillies Cooking Equipment Food Items Potatoes Recipe Tomatoes	Cooking English Maths Science	Communication Creativity Decision making Fine Motor Skills Independence Observation Organisation Research Self motivation Teamwork Time management

