



Prepare a dish with fresh fish



Fresh fish was often caught at sea as fresh protein for pirates and sailors.

Prepare a dish using fresh fish

Activity Type



Age 5-7 7-11 14-18

Time





Equipment

Bowls
Cooking Utensils
Fresh Fish
Tinned Fish
Various Food Ingredients

Environment



Subject Cooking Culture Geography Maths

Price





Soft Skills

Communication
Creativity
Decision making
Fine Motor Skills
Imagination
Organisation
Research
Teamwork
Time management