



Learn about scurvy & cook something to prevent it



Many pirates and sailors suffered from scurvy, find out what that is and cook/prepare a meal that would help prevent it

Activity Type



Time



Environment



Price



Category

Activities

Sub Category **Activities**

Age 7 - 11 14 - 18 Equipment **Bow(s Pans**

Sharp Knives Various Food

Subject Cooking **English** Maths

Science

Soft Skills

Creativity **Decision making** Fine Motor Skills Independence Leadership Observation Organisation Research Time management