



Learn about scurvy & cook something to prevent it



Many pirates and sailors suffered from scurvy, find out what that is and cook/prepare a meal that would help prevent it

Activity Type



Age
7 - 11
14 - 18

Time



Equipment
Bowls
Pans
Sharp Knives
Various Food

Environment



Subject
Cooking
English
Maths
Science

Price



Soft Skills
Creativity
Decision making
Fine Motor Skills
Independence
Leadership
Observation
Organisation
Research
Time management

