



Find out which foods can give you super energy!



Find out which foods can give you superhero strength and pack you full of energy. Can you make some tasty treats with them?

Activity Type



Time



Environment



Price



Category

Activities

Sub Category

Activities

Age

7 - 11
14 - 18

Subject

Cooking
Maths
Science

Soft Skills

Creativity
Decision making
Fine Motor Skills
Imagination
Research
Self motivation
Time management

