



## Be brave and give oysters a try!



Oysters really are super shellfish! They fight cancer symptoms and have an antiaging power on the brain. Do they tickle your taste buds though? Be brave and give them a try!

Activity Type



**Age** 7 - 11 14 - 18

Time



Equipment
Oysters
Pans

Environment



Subject Cooking Price



Soft Skills Decision making Independence

