



Make a recipe using carrots to see in the dark



Want to see in the dark? Make a recipe using carrots. These valiant veggies contain Vitamin A which helps you to see in low-light

Activity Type



Time



Environment



Category

Sub Category Activities **Activities**

Equipment **Chopping Boards** Carrots Sharp Knife

Subject Cooking Maths Science

Price



Soft Skills Creativity Fine Motor Skills Independence Organisation Time management **Teamwork**