



# Make some Celtic trinity knots from bread dough



Make some Celtic 'trinity knots' from ready made pastry or bread dough

## Activity Type



Age 5-7 7-11 14-18

### Time





# Equipment Butter Dried Yeast Flour Picture of a Trinity Knot Ready Made Pastry

Sugar

### Environment



Subject
Cooking
Geography
History
Science

#### Price





### Soft Skills

Decision making
Fine Motor Skills
Imagination
Observation
Problem solving
Research
Time management