



## Complete a night-line or caving experience



There are lots of caves in Wales. Complete a night-line or visit a caving experience either man-made or natural. Remember: caves can be dangerous places so only ever explore them with a qualified instructor

### Activity Type



### Time



### Environment



### Price



**Category**  
Activities

**Sub Category**  
Activities

**Age**  
7 - 11  
14 - 18

**Equipment**  
Blindfold  
Rope

**Subject**  
Outdoor Learning  
P.E.

**Soft Skills**  
Communication  
Decision making  
Flexibility  
Gross Motor Skills  
Independence  
Listening  
Negotiation  
Problem solving  
Responsibility  
Self motivation  
Teamwork

