



## Complete a night-line or caving experience



There are lots of caves in Wales. Complete a night-line or visit a caving experience either man-made or natural. Remember: caves can be dangerous places so only ever explore them with a qualified instructor

Activity Type

Time



Environment



Price





Category Activities Sub Category
Activities

**Age** 7 - 11 14 - 18

Equipment

Blindfold

Rope

Subject
Outdoor Learning
P.E.

Soft Skills
Communication
Decision making
Flexibility
Gross Motor Skills
Independence
Listening
Negotiation
Problem solving
Responsibility
Self motivation

**Teamwork**