



## Complete a night-line or caving experience



There are lots of caves in Wales. Complete a night-line or visit a caving experience either man-made or natural. Remember: caves can be dangerous places so only ever explore them with a qualified instructor

### Activity Type



#### Age

7 - 11  
14 - 18

### Time



#### Equipment

Blindfold  
Rope

### Environment



#### Subject

Outdoor Learning  
P.E.

### Price



#### Soft Skills

Communication  
Decision making  
Flexibility  
Gross Motor Skills  
Independence  
Listening  
Negotiation  
Problem solving  
Responsibility  
Self motivation  
Teamwork

