



## Hold a Knight's jousting competition



Have a go at being a knight and have a jousting competition

### Activity Type



#### Age

7 - 11  
14 - 18

### Time



#### Equipment

Broom Handles  
Paper Plates  
Rollerskates  
Skateboards  
Small Hoops  
Tennis Balls

### Environment



#### Subject

History  
P.E.

### Price



#### Soft Skills

Communication  
Decision making  
Gross Motor Skills  
Imagination  
Leadership  
Observation  
Organisation  
Resourcefulness  
Self motivation

