



Make a stew using seasonal meat and veg



Make a stew using seasonal meat and veg. Try to use things you haven't cooked with before

| Activity Type | | Time | Environment | Price | |
|---------------|--------------|----------------------------|---|--|--|
| | | | | | |
| Category | Sub Category | Age | Equipment | Subject | Soft Skills |
| Activities | Activities | 5 - 7 7 - 11 14 - 18 | Chopping Boards Cooking Cooking Equipment Cooking Ingredients Cooking Stock Knives Pans Vegetables | Cooking Culture Science Wellbeing | Creativity Fine Motor Skills Listening Observation Resourcefulness Teamwork |

