



## Help support your local food bank



Help support your local food bank by collecting food and visiting them to see what they do

### Activity Type



#### Age

5 - 7  
7 - 11  
14 - 18

### Time



#### Equipment

Food  
Food Items  
Various Food Ingredients

### Environment



#### Subject

Community  
Culture  
Wellbeing

### Price



#### Soft Skills

Accountability  
Empathy  
Fundraising  
Listening  
Organisation  
Research  
Resourcefulness  
Teamwork

