



## Make a meal with only black and white foods



Make a meal using only black and white foods

### Activity Type



### Time



### Environment



### Price



**Category**  
Activities

**Sub Category**  
Activities

**Age**  
5 - 7  
7 - 11  
14 - 18

**Equipment**  
Various Food  
Ingredients

**Subject**  
Cooking

**Soft Skills**  
Creativity  
Decision making  
Fine Motor Skills  
Imagination  
Research  
Resourcefulness

