



## Relay over a tarp covered in washing up liquid



One for warmer weather: Hold a relay race over 'banana skins' (a tarpaulin covered in water and washing up liquid)

Activity Type

Category

**Activities** 

Sub Category
Activities

Time



**Age** 7 - 11 14 - 18

Environment



Equipment
Tarpaulin
Washing Up Liquid

Subject P.E. Price



Soft Skills
Communication
Gross Motor Skills
Leadership
Listening
Teamwork

