



## Relay over a tarp covered in washing up liquid



One for warmer weather: Hold a relay race over 'banana skins' (a tarpaulin covered in water and washing up liquid)

Activity Type

Category

Activities

Sub Category

Activities

Time



**Age** 7 - 11 14 - 18

Environment



Equipment
Tarpaulin
Washing Up Liquid

Subject P.E. **Price** 



FREE

Soft Skills
Communication
Gross Motor Skills
Listening
Leadership
Teamwork