



Relay over a tarp covered in washing up liquid



One for warmer weather: Hold a relay race over ‘banana skins’ (a tarpaulin covered in water and washing up liquid)

Activity Type



Age

7 - 11
14 - 18

Time



Equipment

Tarpaulin
Washing Up Liquid

Environment



Subject

P.E.

Price



FREE

Soft Skills

Communication
Gross Motor Skills
Leadership
Listening
Teamwork

