



Find out about the nutritional value of fast food



Find out about the nutritional value of fast food and have a go at making a healthier version

Activity Type



Category Activities Equipment



Sub Category
Activities

Time



Age 7 - 11 14 - 18

Environment



Subject Cooking

Price



Soft Skills

Decision making
Fine Motor Skills
Independence
Listening
Observation
Problem solving
Research
Resourcefulness
Responsibility
Teamwork