



## Have a go at slack lining



**T-Rex Tails Were Designed to Help Them Balance. Have a go at Slack Lining to Improve Your Balance**

### Activity Type



### Time



### Environment



### Price



### Category

Activities

### Sub Category

Activities

### Age

5 - 7  
7 - 11  
14 - 18

### Equipment

Rope

### Subject

P.E.  
Wellbeing

### Soft Skills

Flexibility  
Gross Motor Skills

