



## Hold a running race



T-Rex could sprint up to 20mph (32kph). Hold a competition to see how fast you can run

**Activity Type** 

Category

**Activities** 

Sub Category
Activities

Time



Age

3-5 5-7 7-11

7 - 11 14 - 18 Environment



Subject P.E. Wellbeing **Price** 



Soft Skills
Gross Motor Skills

