



## Make and write some kindness cheques



Make and write your own kindness cheques and make promises to help others.

### Activity Type



### Time



### Environment



### Price



**Category**  
Activities

**Sub Category**  
Activities

**Age**  
7 - 11  
14 - 18

**Equipment**  
Card  
Colouring Pens  
Paper  
Pencil

**Subject**  
Art  
Wellbeing

**Soft Skills**  
Accountability  
Communication  
Empathy  
Fine Motor Skills  
Negotiation  
Responsibility

